



What's Happening in łaʔuukʷiʔath

News and updates from Tla-o-qui-aht First Nations



Visitor Centre now open p. 21



Ice skating in Port p.17



Youth basketball tournament p.8

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Student Allowance Form, Calendar
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Please note Tla-o-qui-aht offices will be closed
Mon Dec 25th, 2023 thru Fri Jan 5th, 2024
for Xmas Holidays

Our **afterhours emergency lines** are as follows:

Patient Travel: 250-725-8030
Family Care: 250-725-4483
Hupiistał (FIC) Allison Howard 250-667-7525
Housing: Sheila Seitcher 250-725-3248
Public Works: Shawn Quick 250-266-2413
Finance: Sidney Moon 250-508-4572
Tribal Admin: Jim Chisholm 780-870-8095
EOC: Elmer Frank 250-726-8281

All current contact information for our organization
is available on our website at:

www.tla-o-qui-aht.org

call 250.725.3350 or toll-free: 1.888.425.3350

The Tla-o-qui-aht Chief and Council,
Ha'wiih, and Administration staff would
like to extend our holiday wishes to all our
Band and community members for a very

Merry Christmas
&
a healthy and prosperous New Year

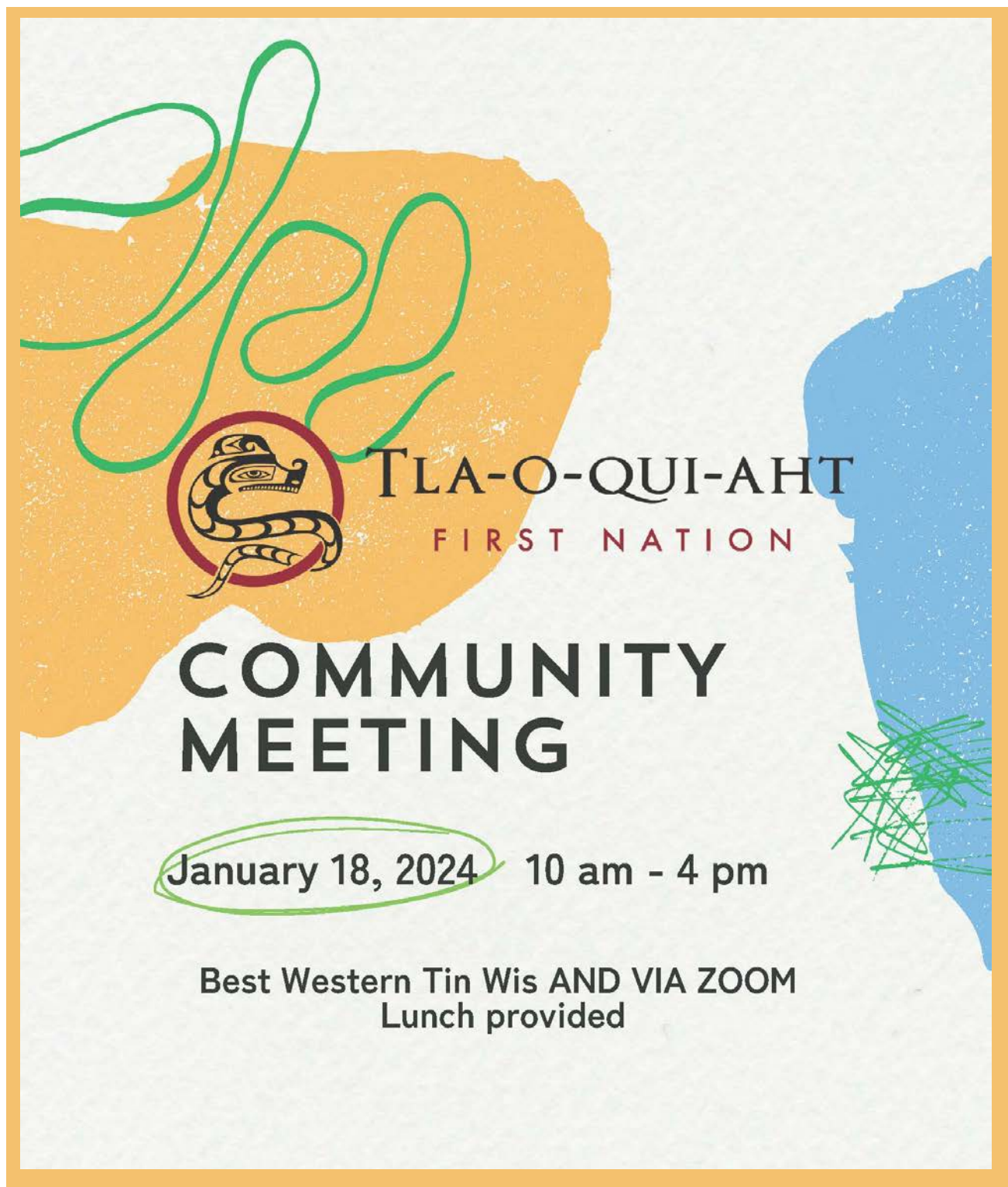




Chief Elmer Frank



Jim Chisholm
Tribal Administrator



LANDS DEPARTMENT UPDATE

Message From Andrew Jackson, AFS Manager

The nation is making arrangement for
Food and Ceremonial clams.

The tentative date for a delivery is December 27th.

fisheries@tla-o-qui-aht.org





ćuŋiċħŋiš, ćuŋiċħŋiš

- sing to the tune of Jingle Bells

Created by tátuusŋaqsa, kaamath, hastaaŋapsi,
and support from łiiŋiik, Jessica HH & Luke M

ćuŋiċħŋiš, ćuŋiċħŋiš
ŋaaqinŋapŋiċħŋiš,
wiinapiłŋaqłniš
nunuułŋaqłna

hey!

ćuŋiċħŋiš, ćuŋiċħŋiš
ŋaaqinŋapŋiċħŋiš,
huuxsŋatuŋaqłna
naaŋuustałŋaqłna

hey!

ćuŋiċħŋiš, ćuŋiċħŋiš
ŋaaqinŋapŋiċħŋiš,
himwucastałŋaqłna
ŋinkŋiitŋaqłna

hey!

ćuŋiċħŋiš, ćuŋiċħŋiš
ŋaaqinŋapŋiċħŋiš,
ha__ŋukŋaqłna
ċikiniskuk

hey!

It's winter, it's winter
What are you going to do?
we'll stay indoors
we'll sing songs

It's winter, it's winter
What are you going to do?
we'll rest.
we'll share some food

It's winter, it's winter
What are you going to do?
we'll tell some stories
we'll build a fire (make)

It's winter, it's winter
What are you going to do?
we'll eat turkey
we'll eat turkey



EDUCATION DEPARTMENT UPDATES **From the Language Team**

ᐱᐱᕐᕈᕋᐅᐃᓂ Language Classes 2023-2024

Mondays

Beginners Language Class

via Zoom
6:00 - 7:30pm
(with Deb Masso)

Meeting ID: 821 9396 6495



Wednesdays

Intermediate Language Class

via Zoom
6:00-7:30 pm
(with Tsimka Martin)

Meeting ID: 891 2052 6499

To join: send your email to
languagecoordinator@tla-o-qui-aht.org.



tiŋas – Winter Solstice December 21st



Created by tátuus?aqsa, kaamath, hastaa?apsi, and support from λii?iik, Jessica HH & Luke M

τίσας

yaaqp̄iiʔitq yaaq ʔath̄ii

ʔuyimitʔaʔ paʔaačiʔat

**ʔiisaakʔaqʌ́ tumaqʌ́mis
ʔuhʔiiš kaʌ́hak**

ʔuutuulaʔaqʌna tiičmisʔakqin

q^wiyyuqinʔaat ʕiicu

huuxs?atuniš?aat

himwuca

mamuuk

Źatxwitniš

wiinapiṭʔaʎnišʔaat

?inkwijt

ʔuuqčapnišʔaʔ maatmasčum

When the sun sits in the same place for 3 nights, then on the 4th day we have 1 minute more of light.

The longest night.

Start of the Winter ceremonies.

We carry both light and darkness inside ourselves.

A time of celebrating our lives.

A time of feasting

A time of rest

A time of storytelling

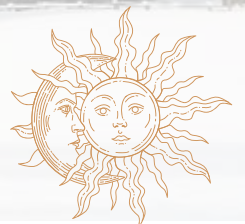
Busy hands

We curl up

We stay indoors more

We use our wood stoves

Family/fun time.



EDUCATION DEPARTMENT UPDATES

From Desk of Education Manager, Iris Frank



On behalf of our Education team, we would like to **wish each of you a safe and happy holiday** season with your family and friends. Take the time to relax and enjoy each other, the spirit of this season is family and friends.

To the staff in our department, I can not thank you all enough for all you have done throughout this year, I trust that you will take time to relax, you deserve this time off, your work does not go unnoticed by myself and our people.

I look forward to 2024 we will be **developing our annual plan**, and reviewing draft **five-year plan** that was developed for Education, we look forward to sharing what that looks like to ensure we are not missing anything. The plan does derive from member input to the priorities adopted by our Chief and Council and ha'wiih for the nation's departments.



On a regular basis we are actively **seeking certified/qualified workers for our daycare**; Infant Toddler and Early Childcare Educators (ECE) workers. Our daycare continues to be short staff and will become even more short staff in the new year. I am pleased to see many of our community members in the ECE Post Secondary program with NIC, they will begin in January 2024 towards their accreditation.

We are excited, we met with our ha'wiih and our youth, and we have their blessing to pursue and begin to coordinate **Hoobiye 2024** with our youth and ha'wiih, and cultural group. We have set the age range from grade 7 to 21 years old and will be collaborating with Community Services. Please watch out for registration details in January 2024. So far, we have worked on a plan to ensure that all our singers, dancers have proper shawl/dress/vest and will work on making paddles, ensure we have enough flags, and bow and arrows. Please let our youth workers know if your youth who participates in dancing/singing needs either of these, parents/guardians will be asked to join to help make these for your youth.

Report cards are out for high school, please get their **student allowance applications** in, and note that anything received next week, December 18-22, 2023, will be distributed January 5, 2024.

THANK YOU EVERYONE
- HAPPY NEW YEAR!





**Thlucha Daycare attending the
Hitatcu Potlatch!**



Message from Kara Frank, Youth Worker

Happy December everyone! 😊

Neleeta and I had the pleasure of taking some of our Tla-o-qui-aht youth up to **Ahousaht from Dec 1st - 3rd for basketball tournament**, there was an under 18 co-ed division as well as under 13 boys and girls divisions. We took our u13 boys TFN Wolfpack up and a few u18 boys and girls for the co-ed division as well and they all done FANTASTIC and I'm so proud of them all!

TFN Wolfpack (u13 boys) came back home with **2nd place and two all-stars** – congratulations Anthony Curley and Nathan Frank!! Our u18 co-ed team came back with most-sportsmanlike team too!



Photos submitted by Kara Frank: u13 boys



Congratulations to everyone who participated and thank you to all the parents for trusting us with the youth, we hope to continue to go to tournaments in the future, including JANT.

We do have **basketball practices** every Tuesday and Wednesday at Wickaninnish Elementary School from 4:30-6:30 with the van usually leaving the health centre at 4:10 (unless posted otherwise in our Tla-o-qui-aht Youth Programming page- please request to join the group if you aren't already in it). We strongly encourage anyone wanting to participate in JANT or other tournaments as well to come

to practices. We have our boys' team for u13 and u17, as well as u17 girls and are actively seeking new players for all three teams. Please feel free to reach out to myself, Iris or Neleeta if you have any questions or concerns.

We are also in the works of coordinating and hosting a **Coaching Level 1 course** with

ISPARC. If you are wanting to get your certification and are interested in this, please send me an



Message from Kara Frank, Youth Worker - cont'd

email at youthworker@tla-o-qui-aht.org to get your name in, we need at least 12 participants. We have no set dates or location yet but will update as soon as we do have that information.



Photos submitted by Kara Frank: u18 co-ed team

We are reaching out to Tla-o-qui-aht youth from grade 7 to age 21 !

We have two opportunities that you'll be excited to participate in:

1. **Going to Hoobiye (Nisga'a New Year)** – participating culturally (singing/dancing) in Vancouver March 1-2, 2024.
2. **Hosting a Feast at home.**
 - a. It is a goal for our Red Cross Leadership to go to the museum with our ha'wiih (hereditary chiefs) and knowledge keepers to look at artifacts and work with a group of people to repatriate (take back home). We are opening this up to youth who have participated with youth programming over the past several years.
 - b. Working with two ladies who have experience in repatriation with museum in Victoria do a visit and talk with ha'wiih on the process. This is to familiarize ourselves with the repatriation process.
 - c. Come back home and do a feast coordinated by the youth.



Over the past two years we have had a **Tla-o-qui-aht Red Cross Leadership Group**, and when they developed priorities the Feast/museum were some of the priorities.

We **invite youth from grade 7 to age 21 to become involved in these exciting initiatives** our Red Cross Leadership group have put down as priorities. If you have any questions, please reach out to me, Neleeta or Iris. If this is something you are interested in participating in, please send me your email address at youthworker@tla-o-qui-aht.org stating what you would like to be apart of – we are strongly encouraging youth be apart of both!

Message from Corinne Martin Homeschool Coordinator

MERRY CHRISTMAS AND A HAPPY NEW YEAR 2024
to all our Tla-o-qui-aht families near and far!



May the new year bring you all blessings in 2024!



WICKANINNISH COMMUNITY SCHOOL

Nov 28th:

WE PAC came out to Ty-Histanis 6-7:30pm
with Dani Stone / Chris Michaud

Every Thursday:

TFN Language team goes to Wickaninnish School

- Deb Masso
- Luke McDonald
- Jessica Hap Hepburn

Go into the school and teach Tla-o-qui-aht
dialect and **haahuupa**.

Learn
Nuuchahnulth
alphabet

Play games with
animal/object cards
in our language

Students practice in our language
general greetings

~ 2024 ~

SD70 IMPORTANT DATES TO REMEMBER:

Dec 23-Jan 5, 24: Winter Holidays - **NO SCHOOL**
Jan 22, 24: Pro-D Day - **NO SCHOOL**
Feb 16, 24: Pro-D Day - **NO SCHOOL**
Mar 18-29, 24 - Spring Break - **NO SCHOOL**

If you have any questions re:

- Student allowance forms
- Post-secondary information / forms
- Tutoring

Email:

homeschoolscoordinator@tla-o-qui-aht.org

Message from Corinne Martin ~ Homeschool Coordinator - cont'd

UCLUELET SECONDARY SCHOOL



USS REPORT CARDS ARE OUT !!!!!

USS/ ADSS/ 8th Ave Learning Center students please fill out a student allowance form and send it to my email address:

homeschoolcoordinator@tla-o-qui-aht.org

"Winter is the time for
comfort, for good food
and warmth, for the touch
of a friendly hand
and for a talk beside the fire:
it is time for home."

EDITH SITWELL



Tla-o-qui-aht
Ča?čum?hiyup?wałyuu
To Make Things Right at Home



5 Day Intergenerational Community Intervention
with Jane Middleton-Moz, Tiffany Hubbard,
Anita Charleson-Touchie, Chris Seitcher & Team.

Many of our Tla-o-qui-aht youth participated in a five-day workshop held Nov 27-Dec 1

Ča?čum?hiyup?wałyuu:
To Make Things Right at Home

facilitated by Youth Leader Tiffany Hubbard and Jane MiddletonMoz. In speaking to our local councilors who were in attendance our students showed incredible character as they worked through challenging topics.

USS would like to thank Tla-o-qui-aht for providing this opportunity.

Kleco! Kleco!

What do you get
when you cross
a duck with Santa?

A Christmas
quacker.



Message from Corinne Martin ~ Homeschool Coordinator - cont'd

POST SECONDARY

VANCOUVER ISLAND UNIVERSITY PROGRAM

Aboriginal University Bridging

Program Length - 1 Year

Credential - Certificate

Location Offered - Cowichan, Nanaimo

Aboriginal students seeking to bridge the gap between post-secondary education and their educational aspirations can begin their journey at VIU.

The Aboriginal University Bridging Certificate is a customizable program for Indigenous students who want to upgrade their courses and acquire the necessary prerequisites to begin their desired post-secondary education programs. Select the Adult Basic Education courses you need to meet pre-requisite requirements and consider the option of taking additional entry-level university courses.

You will find the support and encouragement of instructors who care about your success, Aboriginal Elders in Residence who can support and guide you on your path, and a network of staff and other students that provide a true sense of belonging.

The Aboriginal University Bridging Certificate Program

The First Nations Aboriginal University Bridging Program Certificate is a result of community consultations spanning across the Province of British Columbia. The initial phases of consultation date back to 2001 with Faculty and Administrators receiving feedback from communities as to the need for First Nations having access to meaningful and accessible prerequisite courses.

The concept of creating a supportive adult education Bridging Program incorporating face-to-face classroom learning, ongoing learner support, coaching and mentoring and, where possible, the use of technology to support learning, has been identified by communities spanning across the province. Communities have stated that learners need access to introductory, measurable and comprehensive adult education programming which directly aligns with the prerequisites for natural resource management, science, health, education and trades programs.

Students select Adult Basic Education courses to meet program entry pre-requisites, depending on their individual needs. Courses are available in English, Biology, Mathematics, Math for Trades, Computer Studies, Chemistry, and Introduction to Science.

Optional: Selected university-level courses

Students may have an opportunity to take introductory university level courses, or orientation to trades programs.

What is the program about?

- Personal development
- Accessing prerequisite courses
- Returning to school
- Working with others with common interests
- Goal setting
- Support for academic learning
- Group work
- Success
- Building confidence
- Program Curriculum
- Adult Basic Education prerequisites





Student Monthly Allowance School year 2023/2024 (September to June)

Student Allowance is available to Tla-o-qui-aht students registered in high school from grades 8-12; **read the following very carefully:**

- An application is **due after each report card**
- Students from grade 8 to 12 can qualify for \$40/month.
- To qualify for the month, *completed forms must be submitted* **within 45 days** of receipt of report card
- It is the student or parents' responsibility to ensure that these handed in.
- Forms can be obtained from Nuu-chah-nulth Education Workers at ADSS, and USS, Eighth Ave Learning, if outside of these schools contact Corinne Martin (info below)
- Please submit your **completed application to Corinne Martin, Home School Coordinator** homeschoolcoordinator@tla-o-qui-aht.org or in person at #371 Esowista, or M.I.C.C in Opitsaht. For more information or assistance call 250.725.3338
- Student may email or fax to the above contact information, please ensure it is legible and filled out completely – incomplete applications will result in a delay of processing.

PAYMENT DETAILS AND CONTACT INFORMATION

This section must be filled in completely before submission - we can not process without it.

Student Name: _____
Mailing Address: _____
Telephone: _____ Email: _____
Grade & School _____
Check will be mailed _____
Signature (Student) _____ Date _____

PLEASE ENSURE THAT ALL INFORMATION IS KEPT UP TO DATE

OFFICE USE ONLY

Received by: _____ Date: _____
Approved by Education Manager: _____ Date: _____
For Months of: _____ Amount \$ _____ GL: _____

EDUCATION DEPARTMENT

maamiiqsu (Elder Sibling Moon)

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Year's Day 1	2	3	4	5	6
	← XMAS HOLIDAY OFFICE CLOSURE Dec 25, 2023 - Jan 5, 2024 →					
7	8 Youth Surf 330-630pm Language Class via Zoom 6-730pm	9 Tsunami Siren Testing 10am-noon Basketball 430-630pm @WES	10 Basketball 430-630pm @WES Language Class via Zoom 6-730pm	11 Youth Night in Tofino @ Community Hall 7-9pm	12 Youth Night @ TyHistanis Health Centre 6-10pm	13
14	15 Youth Surf 330-630pm Language Class via Zoom 6-730pm	16 Basketball 430-630pm @WES	17 Basketball 430-630pm @WES Language Class via Zoom 6-730pm	18 Tla-o-qui-aht Community Meeting @ Tin Wis 10-4pm Youth Night in Tofino @ Community Hall 7-9pm	19 Youth Night @ TyHistanis Health Centre 6-10pm	20
21	22 NO SCHOOL – ProD Day Youth Surf 330-630pm Language Class via Zoom 6-730pm	23 Basketball 430-630pm @WES	24 Basketball 430-630pm @WES Language Class via Zoom 6-730pm	25 Youth Night in Tofino @ Community Hall 7-9pm	26 Youth Night @ TyHistanis Health Centre 6-10pm	27
28	29 Youth Surf 330-630pm Language Class via Zoom 6-730pm	30 Basketball 430-630pm @WES	31 Basketball 430-630pm @WES Language Class via Zoom 6-730pm	** Youth Surf weather/swell safety dependent		

TRADES DISCOVERY

Tyhistanis
Feb. 5 - May 9, 2024

Join this 13-week Trades Discovery program and receive an orientation to a range of trades and develop skills to help you pursue further trades foundation and apprenticeship training.


Training includes:


- digital literacy
- math skills
- carpentry
- electrical work
- plumbing and pipe work

Tuition and other participant supports available to qualified applicants.

To register and for more information contact:

- Tyson Touchie, tyson.touchie@nuuchahnulth.org, NETP Case Manager, Central Region 250-266-1584
- Gregory Thomas, gregory.thomas@nuuchahnulth.org, NETP Intake Coordinator 250-723-1331







Happy Holidays!

The Clayoquot Biosphere Trust office will be closed from December 23rd until January 8th.

On behalf of staff and board we wish you and your loved ones a peaceful, joyful, and restful holiday season. We look forward to seeing you in the New Year!



Globally-minded. Ecosystem-oriented. Community-driven.

JUSTICE DEPARTMENT UPDATES

Message From Curtis Tom, Justice Manager



The Justice Committee and I have met with Sgt. Owen Smith spoke on these topics.

We are creating a **Letter of Agreement** between our TFN and the RCMP. Which would set goals from TFN that Sergeant Owen Smith would implement through the detachment and his officers. The planning will continue throughout the winter and be created by the spring.



We also discussed community safety, which **reduces drinking and driving** in a vehicle or a boat.

Owen is also working on bringing more officers to Tofino to assist our communities.

Photo: Justice Committee meeting with Sgt. Owen Smith in November 2023.

COMMUNITY SERVICES DEPARTMENT UPDATES

Messages From Allison Howard, Community Services Manager (Interim)



We have a **dentist that came in to community** last week. This dentist will be available to serve status and non status. I did take the opportunity to go in first so that I can inform others how my experience was. I am pleased to share that I personally recommend this dentist. I not only had a check up and cleaning in one sitting but had a filling and a tooth repair. Another member also had a tooth extraction. So if you are busy like me and don't want to take a whole day off to see a dentist, this dentist is available close to home for making an appointment for your next visit.

Please call the health centre **250-725-3335** to book an appointment.



I would like to give gratitude to all that were involved with the **Community Christmas** and the three that were held in Port Alberni, Nanaimo and Victoria.

Thank you to the ɥawiih, Council, staff and community who attended the off reserve dinners hosted by our Residential School team. Great feedback was received to these dinners and I am grateful to all the long hours and hard work put in by all.

Thank you to the many, many that have helped out in organizing, shopping, wrapping, cheering, setting up, serving, and especially cleaning last night. It takes a whole team to make this event successful and to hear the cheers and laughter of the children, the mingling of the adults and the smiles of the elders. We did it again as a nation and I appreciate you all.





BIG shout out to the muschim of the Ha'wiih of Tla-o-qui-aht for all the hard work organizing and preparing the Christmas Dinners for our people who reside in the urban centres. Sure means a lot ~ Just being together is good medicine for the tliimaakstii. Ha-oom was VERY delicious.

Much gratitude,
 ńaasʔiismis - Remi Tom
 (Port Alberni Christmas Dinner)



What a beautiful dinner, klecko to the cultural support group. What a good feeling of belonging, to be thought of, in this way. The past few years have been tough and to bring family and friends together was a huge uplifting feeling for sure. Klecko for the beautiful Christmas gift presented to TFN elders.

🌲 Merry Christmas 🌲
 Maureen Sampson
 (Nanaimo Christmas Dinner)





TLA-O-QUI-AHT
FIRST NATION

PATIENT TRAVEL NOTICE

**TIIC-MIS-AQ'KIN HEALTH CENTRE
IS CLOSED
DECEMBER 25, 2023 - JANUARY 05, 2024
PLEASE SUBMIT ANY APPOINTMENTS
UP TO JANUARY 12, 2024
FOR EMERGENCIES DURING THE
CLOSURE PLEASE CONTACT OUR
AFTER HOURS LINE:
250-725-8030**

**Community Services rented the ice arena
and theatre in Port Alberni**



Pictures submitted by:
Lorena Frank
- Activity Coordinator

Excellent health and care for everyone,
everywhere, every time.



Did you know that you can have access to a nurse to help you manage your health concerns, right from the comfort of your home?

Have you recently needed medical care for your diabetes, high blood pressure, kidney disease, COPD or heart failure? Phone support from an Island Health nurse may help you to learn ways to better manage your health concerns, right from home.

Island Health's Community Virtual Care (CVC) program can work with you and your health team to support you to take your own measurements (such as blood pressure, oxygen saturation and pulse rate) using the devices provided by the program. Your measurement results will be sent to the nurse and they will call you every week to find out how you are feeling and support you to learn how best to manage your symptoms.

The program usually lasts about three months but can be paused when you need to be away from home. You are welcome to enroll again if you would like more support.

The program is free and the devices are loaned to you at no cost. You don't need to have a doctor or nurse practitioner to sign up. You can refer yourself (or have family or friends sign you up) or talk to your home care nurse, nurse practitioner or doctor about signing up for Community Virtual Care.

To register or for more information on this program, please call the Community Access office near you:

North Island Community Access Phone: 1-866-928-4988

(Port Alberni, West Coast, Comox Valley, Campbell River, Mt Waddington)

Central Island Community Access Phone: 1-877-734-4101

(Cowichan, Nanaimo, Oceanside)

South Island Community Access Phone: 1-888-533-2273

(Greater Victoria, Westshore, Sooke, Peninsula, Gulf Islands)

Community Virtual Care | Island Health

<https://www.islandhealth.ca/our-services/home-care-services/community-virtual-care>

Opitsaht Elder Information



Breakfast every Tuesday at MICC
9am

Lunch every Thursday at MICC
12pm

Shopping on Monday's and Friday's
Prescription pick-up when needed

For more information please contact
Catherine Williams:
250-725-3233

eldersupportcatherine@tla-o-qui-aht.org



TLA-O-QUI-AHT
FIRST NATION

RECOVERY

is a journey we can
take together.

A.A Meeting Hosted by Allen Smith



Family
Support
House
#48 Tyhistanis

**Sunday's @
7:00 p.m**

TLA-O-QUI-AHT MEN'S GROUP

Welcome ages 16+
hosted by
Will Manson



Monday's from 7pm -9pm

SUPPORTHOUSE@TLA-O-QUI-AHT.ORG

TFN • FAMILY DROP-IN

THURSDAYS
FROM 6:30 PM TO 9 PM

A FUN OPPORTUNITY FOR FAMILIES TO
GET ACTIVE, PLAY AND MAKE NEW
FRIENDS!

WICKANINNISH
ELEMENTARY SCHOOL
GYM

CONTACT LACEY OR RENA:
LORENA.FRANK@TLA-O-QUI-AHT.ORG
LACEY.ADAMS@TLA-O-QUI-AHT.ORG

ACTIVITIES:
VOLLEYBALL
BASKETBALL
DODGEBALL
SOCCER
and more!

REMEMBER YOUR ACTIVE WEAR & INDOOR SHOES!

Tla-o-qui-aht YOUTH DROP IN

Fridays & Saturdays
6 PM TO 10 PM

Tiič-mis-aq'kin Health Centre
ages 7+

Please bring reusable cup for water or juice

CULTURE NIGHTS



Tla-o-qui-aht culture nights in:

-Port Alberni at 3737 Church St, from 6pm-8:30pm
Every Sunday starting October 15th 2023

-Opitsaht, @micc from 7pm-9:00PM
Every Tuesday starting October 24th 2023

In Tyhistanis health centre 7pm-9PM
Every Thursday starting October 19th 2023

Please join our culture group with sharing songs, dances
and chumus.

Contact Catherine Thomas for more information
250-266-0625
250-725-3335

OPITSAHT MEN'S GROUP

Meet every Wednesday
at MICC @ 7:00pm

with coffee,tea and snacks

For more information contact Howard Tom
howardculturalsupport@tla-o-qui-aht.org



First Nations Virtual Doctor of the Day

Your wellness. Your way. Family doctors are on
call to provide culturally-safe care, seven days a week.



1. Call 1-855-344-3800
to book an appointment
by video or phone.



2. See a doctor as
soon as today!



First Nations Health Authority
Health through wellness

Learn more at
FNHA.ca/VirtualHealth

COMMUNITY SERVICES DEPARTMENT

maamiiqsu (Elder Sibling Moon) **January 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Year's Day 1	2	3	4	5	6
	← XMAS HOLIDAY OFFICE CLOSURE Dec 25, 2023 - Jan 5, 2024 →					
7 AA Program 7-8pm Cultural Activity Night 6-10pm Culture Nights 6-830 Port Alberni	8 Men's Group 7pm Family Support House Regalia Making MICC	9 Tsunami Siren Testing 10am-noon Elder Breakfast MICC 9am Dr. Marshall by Appt Dentist by Appt Culture Nights 7-9pm MICC	10 Young Girls Group 6-10yrs 330-430pm TyHistanis #48 Opitsaht Men's Group MICC 7pm	11 Elder Lunch MICC 12 Older Girls Group Ages 10-15 4-6pm TyHistanis #48 CultureNights 7-9pm TyHist Family Drop-In 6-9pm WES	12 Youth Drop-In Tiic-Mis Aq'kin Ty-Histanis 6-10PM	13 Youth Drop-In Tiic-Mis Aq'kin 6-10PM
14 AA Program 7-8pm Cultural Night 6pm Culture Nights 6-830 Port Alberni	15 Men's Group 7pm Family Support House Regalia Making MICC	16 Elder Breakfast MICC 9am Dr. Marshall by Appt Dentist by Appt Culture Nights 7-9pm MICC	17 Young Girls Group 6-10yrs 330-430pm TyHistanis #48 Opitsaht Men's Group MICC 7pm	18 Tla-o-qui-aht Community Meeting @ Tin Wis 10-4pm Elder Lunch MICC 12 Older Girls Group Culture Nights 7-9pm TyHist Family Drop-In 6-9pm WES	19 Youth Drop-In Tiic-Mis Aq'kin Ty-Histanis 6-10PM	20 Youth Drop-In Tiic-Mis Aq'kin 6-10PM
21 AA Program 7-8pm Cultural Activity Night 6-10pm Culture Nights 6-830 Port Alberni	22 Men's Group 7pm Family Support House Regalia Making MICC	23 Elder Breakfast MICC 9am Dr. Marshall by Appt Dentist by Appt Culture Nights 7-9pm MICC	24 Young Girls Group 6-10yrs 330-430pm TyHistanis #48 Opitsaht Men's Group MICC 7pm	25 Elder Lunch MICC 12 Older Girls Group Ages 10-15 4-6pm TyHistanis #48 CultureNights 7-9pm TyHist Family Drop-In 6-9pm WES	26 Youth Drop-In Tiic-Mis Aq'kin Ty-Histanis 6-10PM	27 Youth Drop-In Tiic-Mis Aq'kin 6-10PM
28 AA Program 7-8pm Cultural Activity Night 6-10pm Culture Nights 6-830 Port Alberni	29 Men's Group 7pm Family Support House Regalia Making MICC	30 Elder Breakfast MICC 9am Dr. Marshall by Appt Dentist by Appt Culture Nights 7-9pm MICC	31 Young Girls Group 6-10yrs 330-430pm TyHistanis #48 Opitsaht Men's Group MICC 7pm			

Message From Dezerae Seitcher - Upholding Our Women and Girls Project Coordinator

FALL SCHEDULE:

WOMEN AND GIRLS GROUP

Hosted by: Dezerae Seitcher

Located at: Family Support House #48 in Ty-Histanis

Women's group (ages 16+) biweekly on Tuesday's from 5-7 pm

Young girls group (ages 6-10)
Wednesday's after school from 3:30-4:30pmOlder girls group (ages 10-15)
Thursday's from 4-6pm

For more information please contact Dezerae
by email or phone:
upholdingourwomen@tla-o-qui-aht.org
(250)-725-3335 ext: 215



The girls made drums last December 14th with the support of Shannon Williams, Gary Tom and Catherine Thomas.

From the Office of the Economic Development Corporation

A Message from Jamie Bassett, CEO and Kim McGregor, Executive Assistant

We hope everyone has had a wonderful year! This article is to update you on some of the TFNEDC activities before we jump into 2024.



Tin Wis Resort continues to maintain a high occupancy rate despite moving into the off season. Brown's Socialhouse has been open onsite since October 24 and has been keeping busy!

Tsawaak RV Resort & Campground continues to offer competitive rates for long-term stays during the

winter for both snowbirds and locals. The Visitor Centre is now open! The centre currently features a gift shop and camping supply store. We look forward to expanding the centre's offerings next year.



Hithuiis Spirit Construction

Management is currently working on the Meares Island Cultural Centre. Staff at HSC and TFN have been working together to plan the renovations and construction of the centre. Crews are now on site, starting with the groundwork. Thank you to Opitsaht residents for welcoming our workers!

The three run-of-the-river **hydropower companies: Winchie, Haa-ak-suuk, and Canoe Creek** are generating revenue for the end of the year as the rainy season returns.

There are two career opportunities currently posted

within TFNEDC: a position with the hydropower plants and a call for directors of the TFNEDC Board. Please find more information on the TFN website.

TFNEDC HYDROPOWER PLANT OPERATOR
ASSISTANT POSTED UNTIL FILLED

TFNEDC CALL FOR BOARD OF DIRECTORS
POSTED UNTIL THURSDAY JANUARY 11, 2024 @
4PM

Please note our office will be closed for the holidays in coordination with TFN's office (closed from December 23, reopening on January 8).

Have a Merry Christmas & Happy New Year!



TLA-O-QUI-AHT
FIRST NATION
Economic Development
Corporation

Please forward any inquiries to Kim McGregor at
250-725-1960 or **ea@tfnedc.org**, office located at
Building B – 1119 Pacific Rim Hwy.



Merry Christmas!

FROM TFN HOUSING DEPARTMENT

Dear Tenants of Our 3 Communities

The **Tla-o-qui-aht Housing Department Team** would like to wish every one of our tenants, as well as their families, a Merry Christmas, and a Happy New Year.

Holiday Office Closure

All TFN offices will be closed in regard to the upcoming holidays. Our last office day will be **Friday December 22, 2023**. And we will reopen on **Monday January 8th, 2024**.

Maintenance

If tenants have emergencies during the holiday closure, you may contact our Housing Manager, **Sheila Seitcher**, [\(250-725-3248\)](tel:250-725-3248). Please be mindful that emergency maintenance requests can take up to 24 hours for anything to be done during this time. As we'll need to contact plumbers and/or electricians.

Winter Safety

As we all know it is chilly weather season and roads are getting icy and houses frosty. Everyone is in the Christmas spirit and is eager to get out their holiday decorations. Preparing for the holidays and decorating your home is a nice task for the entire family that brings lots of joy and fun, it can also be a bit dangerous, if not properly installed correctly. A friendly reminder to please be cautious hanging up Christmas lights, and other decorations! Falls, electrocution and even fires are real possibilities when it comes to hanging lights. So please be mindful not to overload outlets, as well as not leaving candles unattended, switching off lights when not in use. With proper preparation and safety practices, you can avoid dangerous situations with your holiday decor.

NAHS Update

NAHS Project Updates

TFN housing Department is happy to report Round 1 of the National Approach to Housing Supports (NAHS) project is completed. The project started in **2017** and was finished **December 01, 2023**.

Tla-o-qui-aht applied to Indigenous Service Canada funding in 2016 for the NAHS Program. The funding was approved for 22 homes to be renovated under this project. The project was to span over a period of 3 years. Completion was scheduled for March 2020. This target was not reached, and the project was revisited.

The funding was allocated as such: Contributions from Tla-o-qui-aht own source revenue, Federal grants, Loan from BMO, homeowners' contributions. The project scope and budget were inaccurate. The project costs were amended; TFN Chief and Council decided to proceed with project based on revised scope and costs in 2018/2019 and fund the project with own source revenue. During this time, it was decided to remove some units from 22 homes to 9 units. Many employees and managers have handled the project up to this date.

4 years after the project started, in 2020 (Sheila Seitcher) was hired as housing manager, she was requested to project manage the 8 remaining houses that stayed on the NAHS project. They have completed all 8 units. Special thanks to all the housing staff and crew that worked on the project and big thank you to NTC staff Doug and Holly for their assistance with the project.

The contributing contractors for the project were Apex Advanced Construction, Ryan Barker Construction, and Coast Mountain Construction.

Moving forward, the TFN Housing department is dedicated to searching for funding for the remaining units. The viability of the project will depend on securing funding based on scope of work, inspections, and contractor quotes.

We ask all future participants not to be discouraged, we are all aware of how the project has taken an emotional toll on elders waiting. It is important to note that the maximum funding amounts allocated by Indigenous service Canada is \$48,211 and from CMHC is max \$29,400. TFN is not allowed to stack these funds on top of each other, so they cannot be used at the same time. They must be applied for at a different time. In addition, they can only be applied for 1 every 10 years. So, if units require more extensive work the contributions need to come from the homeowner.

Thank you to everyone for your participation and assistance on the project, it took many hands and dedicated bodies to complete the work.

Klecko,

Sheila

A Few of the NAHS Project Homes



Opitsaht Unit 201



Opitsaht Unit 340



Opitsaht Unit 231



Opitsaht Unit 211



ALBERNI-CLAYOQUOT
REGIONAL DISTRICT

ROADSIDE COLLECTION
December Update

Great work on organics – let's keep going!

Did you know that since roadside organics collection was introduced in Esowista and Ty-histanis that – on average – the amount of **waste going to the landfill has been reduced by 175 kgs per household, per year?**



That's equal to about 385 lbs – or about the weight of one of Santa's reindeer! Ho ho ho!

Everyone's effort to put food and yard waste into the compost has been great and the Alberni-Clayoquot Regional District is thankful for your participation.



So – let's keep it going!



A recent audit of waste on the West Coast – when garbage is sorted to find out what is being thrown away – showed that there is **still a lot of compostable food waste going into the black garbage cart instead of the green one.**

In fact, **about 38 per cent of the 'garbage' is actually not garbage at all** – and could be turned into compost rather than taking up space in the landfill and creating greenhouse gases. If we diverted all of that, **the amount we could redirect away from the landfill would be equal to more than 800 reindeer next Christmas season!**

Remember that you can **'scrape the plate' into your green cart**: bones, meat, dairy, greases can all be composed along with veggies scraps and fruit. Even your dirty paper napkins, paper towels or pizza boxes can go to your green cart.

We hope you'll help us continue to reduce the waste sent to the landfill – the holidays are a great opportunity to start!



Alberni-Clayoquot Regional District
3008 Fifth Avenue, Port Alberni, BC
250-720-2700 www.acrd.bc.ca

Serving Port Alberni, Tofino, Ucluelet, Treaty First Nations:
Huu-ay-aht, Yuułu?it̓ath̓, Uchucklesaht Tribe Government and
Toquaht Nation
and six electoral areas:

"A" (Bamfield), "B" (Beaufort), "C" (Long Beach), "D" (Sproat Lake),
"E" (Beaver Creek) and "F" (Cherry Creek).





The Eagle will not be available from
Dec 23rd - Jan 7th
for the team to enjoy some much needed
time with their families.



Wishing everyone a

*Merry Christmas,
Happy Holidays &
Happy New Year!*

*from the Public Works team and
the Eagle's crew*





TLA-O-QUI-AHT
FIRST NATION

Tla-o-qui-aht First Nations School Boat Schedule

Jan. 08, 2023-June 28th, 2024

Leaving Opitsaht

Current Rates

6:30am – First run
6:55am
7:15am
7:40am – High school run
7:50am – Staff run
8:05am – Elementary school run
8:30am
8:50am – Elementary school run
9:00am
9:30am
10:00am
11:00am
12:30pm -Elementary return
1:00pm
2:00pm
3:00pm – Elementary return
3:30pm
4:00pm – High school return
4:30pm
5:00pm
5:30pm
6:00pm
6:30pm
7:00pm
8:00pm
9:00pm
9:30pm – Last run

0-12yrs – Free
13-17yrs - \$5
Students free

Adults (18-64)- \$7
Seniors (65 +) - \$3

Freight - \$25

Please Note: Trips leaving Tofino will occur between Opitsaht runs.
Times are dependent on the number of individuals requiring transport.

The skipper has the right to refuse service

Bullying will not be accepted.

P. 250.725.3350 F. 250.725.3352
www.tla-o-qui-aht.org

TLA-O-QUI-AHT FIRST NATION
PO Box 18 #1119 Pacific Rim Hwy . Tofino . BC . V0R 2Z0

IRA SERVICES UPDATE

SCIS (STATUS CARDS) & OTHER EVENTS (I.E. NAME CHANGES, BIRTH, DIVORCE, ETC)

– Indigenous Services Canada has stated that depending on the circumstances, the current wait is 6 months to 2 years.

If you are needing a **Tla-o-qui-aht Affiliate Letter** for tax exemption purposes, Leah is available to make them out on Thursdays.

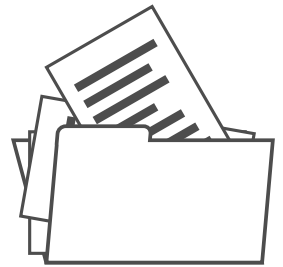
Please see our new addition of **SCIS application form(s)** website link on our website for Membership and IRA Services. <https://www.tla-o-qui-aht.org/ira-registry>

Also included on our IRA-Registry page is a **Lost and Stolen Declaration Form**.

Please contact Leah Morgan, IRA should you wish to know how to fill out the forms as a (10 year SCIS card holder) and to be a Guarantor.

Leah A. Morgan, IRA

at (250) 731-6084 (call or text), email: ira@tla-o-qui-aht.org

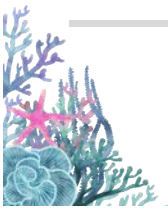


IRA Services

māamīiqsu (Elder Sibling Moon)

JAN 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Year's Day 1	2	XMAS HOLIDAY OFFICE CLOSURE Dec 25, 2023 - Jan 5, 2024		5	6
7	8	9			11	13
		Tsunami Siren Testing 10am-noon	Wed JAN 10 Time: 2:00-4:00PM Location: MICC, Opitsaht		12	
14	15	16	Wed JAN 17 Time: 2:00-4:00 PM Location: Tiic-mis-aq'kin Health Centre, Ty-Histanis	18	19	20
				Community Meeting 10-4pm TinWis		
21	22	23	Wed JAN 24 Time: 2:00-4:00PM Location: MICC, Opitsaht	25	26	27
28	29	30	Wed JAN 31 Time: 2:00-4:00 PM Location: Tiic-mis-aq'kin Health Centre, Ty-Histanis			



Nuu-chah-nulth Youth Warrior Program Seafood Harvesting Weekend (Nov 2023)



The Nuu-chah-nulth Youth Warrior Family gathered in Huu-ay-aht territory near Sarita Bay to harvest traditional seafoods and celebrate this last year of building clam gardens in both Tla-o-qui-aht and Huu-ay-aht territories.

Eighty people attended from eight Nations, and over 50 Indigenous youth (ages 10-25) dug for ɥiic̓in (clams) or dove for ʔuɥup (urchin), while others slurped back fresh oysters and Elders searched for hayištup (chitons) on the intertidal rocks. The bounty was enjoyed around the fire, and brought home to the villages to distribute among community.

The Youth Warriors are looking forward to 2024 where they will focus their efforts on restoring and/or building two other clam gardens in Kyuquot and Toquaht territories.

This food sovereignty and food security initiative aims to (re)vitalize traditional food systems to feed coastal Nations for generations to come. Thank you to Gisele Martin for sharing the photos below!



Photos credit: Gisele Maria Martin



TLA-O-QUI-AHT JOB POSTINGS

The following is a **brief summary** of current job postings. Duties, responsibilities and qualifications can be found online under the *People: Employment* section of the Tla-o-qui-aht website: www.tla-o-qui-aht.org/employment, or you can contact one of our offices if you would like a copy printed for pick up. Please submit your application or resume to Human Resources at jobs@tla-o-qui-aht.org or drop off in person at our Tla-o-qui-aht Administration Office at 1119 Pacific Rim Highway. **Positions posted until filled.**

- FINANCE JOB POSTINGS -

Payroll Clerk

Tla-o-qui-aht First Nations Administration seeks a highly motivated individual with a strong eye for detail to fill the full-time position of Payroll Clerk. Based out of the Tla-o-qui-aht Office in Tofino, applicants will be reporting to the Finance Manager on all aspects of Payroll.



- HOUSING JOB POSTINGS -

Housing Maintenance Worker Full time - 2 positions

Tla-o-qui-aht First Nation is seeking two Housing Maintenance Workers to perform duties with our Housing Department, carrying out maintenance and repairs as required within the Nation.

- ADMINISTRATIVE JOB POSTINGS -

Administrative Assistant ~ 2 Full time positions

Tla-o-qui-aht First Nation is seeking individuals to provide a broad range of administrative services required to support the Human Resource and Public Works Departments.

Executive Assistant

Tla-o-qui-aht First Nation is seeking an individual to provide a broad range of administrative services required to support the Tribal Administrator, Chief and Council and other senior management.

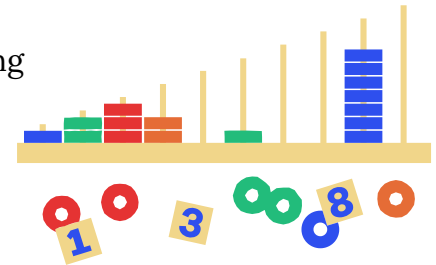


TLA-O-QUI-AHT JOB POSTINGS - cont'd**- EDUCATION JOB POSTINGS -****Infant Toddler Educator ~ Tlucha Child Care Centre**

Reports to the Child Care Manager and will be part of a team that will plan and implement a culturally based child care program that is designed to give each child an opportunity to participate in experiences that will enable them to reach their full potential. Will provide nurturing care and education to young children from infancy to preschool age in a group setting, supporting parents through on going communication about each child's development. Will work collaboratively with other child care staff, Elders, families and children.

Early Childhood Educator (2 positions) ~ Tlucha Child Care Centre

Part of a team that will plan and implement a culturally based childcare program that is designed to give each child an opportunity to participate in experiences that will enable them to reach their full potential. Will provide nurturing care and education to young children from infancy to school age in a group setting, supporting parents through on-going communication about each child's development. The ECE will work collaboratively with other childcare staff, Elders, families, and children.

**Responsible Adult (Opitsaht) - On-Call**

Support daycare personnel with tasks within the Meares Island Childcare Center.

Education Youth Intern (six (6) months Oct 2023- March 2024)

It is anticipated the intern will work/mentor with each section of this department: Manager, Home School Coordinator, Language Workers, Education Assistant, and Youth Workers. Youth Intern will assist each with planning, coordinating, implementation, and communicating each activity from this department.

Education Administration Assistant (Term Position 1 year)

As our Administrative Assistant for our Education department, you will be coordinating administration tasks and duties for the Youth department, Daycare, Language department, K-grade 12, and post-secondary. This position reports to the Education Manager.



The monthly Tsunami Siren Testing
this coming month in Ty-Histanis/Esowista
will be on TUESDAY Jan 9th
between 10am-noon



Message From Rose David, Administrative Assistant



I would like to thank everyone who made this happen. It was very exciting to see all of the community members enjoy a meal together.

The staff was amazing and Audrey and her team served up a wonderful meal. Big round of applause to everyone who made this happen.

Rose A. David



Tla-o-qui-aht Community Christmas Party at Tin Wis

