

March 2023 Issue

Health Department

Community Services Newsletter



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Elders Breakfast with the daycare kids



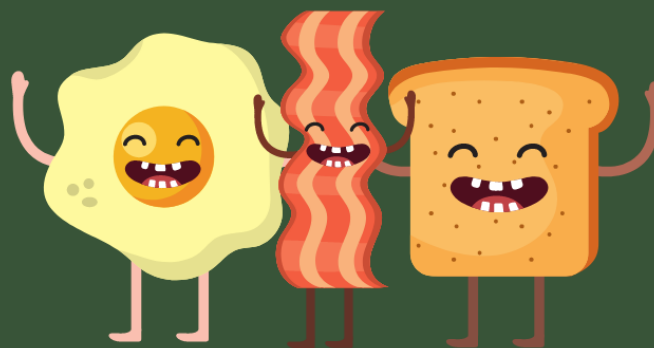
Tuesday March 28th, 2023

Tiic-Mis-Aq'Kin Health Center, Ty-Histanis

10am

Hosted by Tara-lynn Curley and
The Tlucha Daycare Staff

If you have any questions
please call the Health Center: 250-725-3335



TLA-O-QUI-AHT
FIRST NATION

Prenatal Support Group

*With NTC Nurse Jenni Williams
And Kyra Sam*

Every Other Wednesday Starting March 29th,
at the Tiic-Mis-Aq'Kin Health Center in
Ty-Histanis
11:00am-1:30pm

A safe space where everyone is welcomed to
share wisdom on all things pregnancy related,

Join us for:

- Socializing
- Snacks and Beverages
- Questions and Answers
- Pregnancy Topics

If you have any questions please call the
Tiic-Mis-Aq'Kin Health Center: 250-725-3335



We look forward to seeing you!



TLA-O-QUI-AHT

Bounce-A-Rama and Egg Hunt

April 10th, 2023 | 12pm-4pm

Hosted in Ty-Histanis between the two round-a-bouts

Lunch will be provided

Easter Bunny will be attending

*We will arrange the eagle and rides from 1st street dock to Ty-Histanis:
details to be announced*

If you have any questions please call the Tiic-Mis-Aq'Kin Health Center

250-725-3335



TLA-O-QUI-AHT
FIRST NATION



Upholding Our Women and Girls

Inviting women and girls ages 12+
for paint night.

All materials will be provided, along with snacks
and beverages.

Wednesday April 12th, 2023 from 6-8 pm

Hosted at house #48 in Ty-Histanis



For more information, email Dezerae Seitcher:
upholdingourwomen@tla-o-qui-aht.org
or contact the Health Centre in Ty-Histanis: (250) 725-3335



**Scheduled Power Outage
for Tofino**

Sunday, April 2nd, 2023

Between 9:30am to 5:30pm

***** Please note: this planned outage impacts a large number of customers.***

The impacted cities will be - Ahousaht, Esowista, Macoah, Port Alberni, Port Albion, Salmon Beach, Tofino, Uclulelet ***

Information from the BC Hydro Website

Warmth, Shelter, Food *AA Program* Hosted by Alan Smith

Every Sunday
Starting April 2nd, 2023

Location: Tiic-Mis-Aq'Kin
Health Center In Ty-Histanis
Time: 7pm-8pm

If you have any questions please reach
out to Alan by Email:
smithalan787@yahoo.com

Or call the Tiic-Mis-Aq'Kin Health
Center:
250-725-3335

*Rides from 1st street dock will be
available for those wanting to attend
from Opitsaht:
Please meet at the 1st street dock at 6pm*

**Tla-o-qui-aht First Nation
welcomes you to join:**

Cultural Night's in

Ty-Histanis

Thursday's

7pm-9pm

Tiic-Mis-Aq'Kin Health

Center

For more information
please contact

Thomas Stewart Campbell

250-725-3335



TLA-O-QUI-AHT
FIRST NATION



YOUTH



DROP-IN

NIGHT

**HOSTED AT TIIC-MIS-AQ'KIN
HEALTH CENTER
WITH LACEY ADAMS**

AGES 6+

**COME JOIN IN FOR SOME
GAMES AND SNACKS**

FRIDAY AND SATURDAY

FROM 6PM-10PM

**MORE DATES OF OTHER
ACTIVITIES COMING SOON!**



TLA-O-QUI-AHT FAMILY SWIM



**FAMILY SWIM DAYS!
IN UCLUELET
EVERY SUNDAY**

12:00PM-4:00PM



**IF YOU ARE INTERESTED
PLEASE SIGN UP WITH
LACEY ADAMS:**



250-725-3335

OR

activitycoordinatorlacey@tla-o-qui-aht.org

**RIDES CAN BE ARRANGED:
THEY WILL HAVE TO BE
CONFIRMED EACH WEEK**



Opitsaht Elder Information



Breakfast every Tuesday at MICC

9am

Lunch every Thursday at MICC

12pm

Shopping on Monday's and Friday's

Prescription pick-up when needed

For more information please contact

Catherine Williams:

250-725-3233

eldersupportcatherine@tla-o-qui-aht.org



TLA-O-QUI-AHT
FIRST NATION



Patient Travel Information



**With the Kennedy Hill opening up the roads full time,
Patient Travel Support will be as follows:**

***Overnights for Esowista and Ty-histanis will now be
appointments before 9:00am***

***Overnights for Opitsaht will be appointments before
9:30am***

Meals will be issued for 6+ hour travel times.

Port Alberni day trips will no longer receive day meals.

**If you have any questions or concerns,
please call Marissa Sampson George at 250-725-3335
or Hazel Curley at 250-725-3233**




**Tla-o-qui-aht First Nation
Culture Night
in Port Alberni**



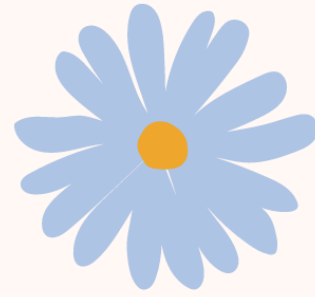
Every Tuesday
7:00pm-9:00pm

Hosted at
Alberni Valley United Church
3747 Church Street

For more information please call the
Health Center:
250-725-3335
or Catherine Thomas:
250-266-0625



DR. MARSHALL IN TY-HISTANIS



**Dr. Marshall will be in Ty-Histanis
Every Tuesday at the
Tiic-Mis-Aq'Kin Health Center**

Limited space available:

**Please call the Health Center the
morning/day of to be added to the
appointment list.**

250-725-3335

Thank you very much!



TLA-O-QUI-AHT
FIRST NATION

**Denturist will be in Ty-Histanis
May 1st, 2023
We are taking names, please call
the health center:
250-725-3335**

TLA-O-QUI-AHT welcomes

Denturist

Jeremy Duprat, R.D.



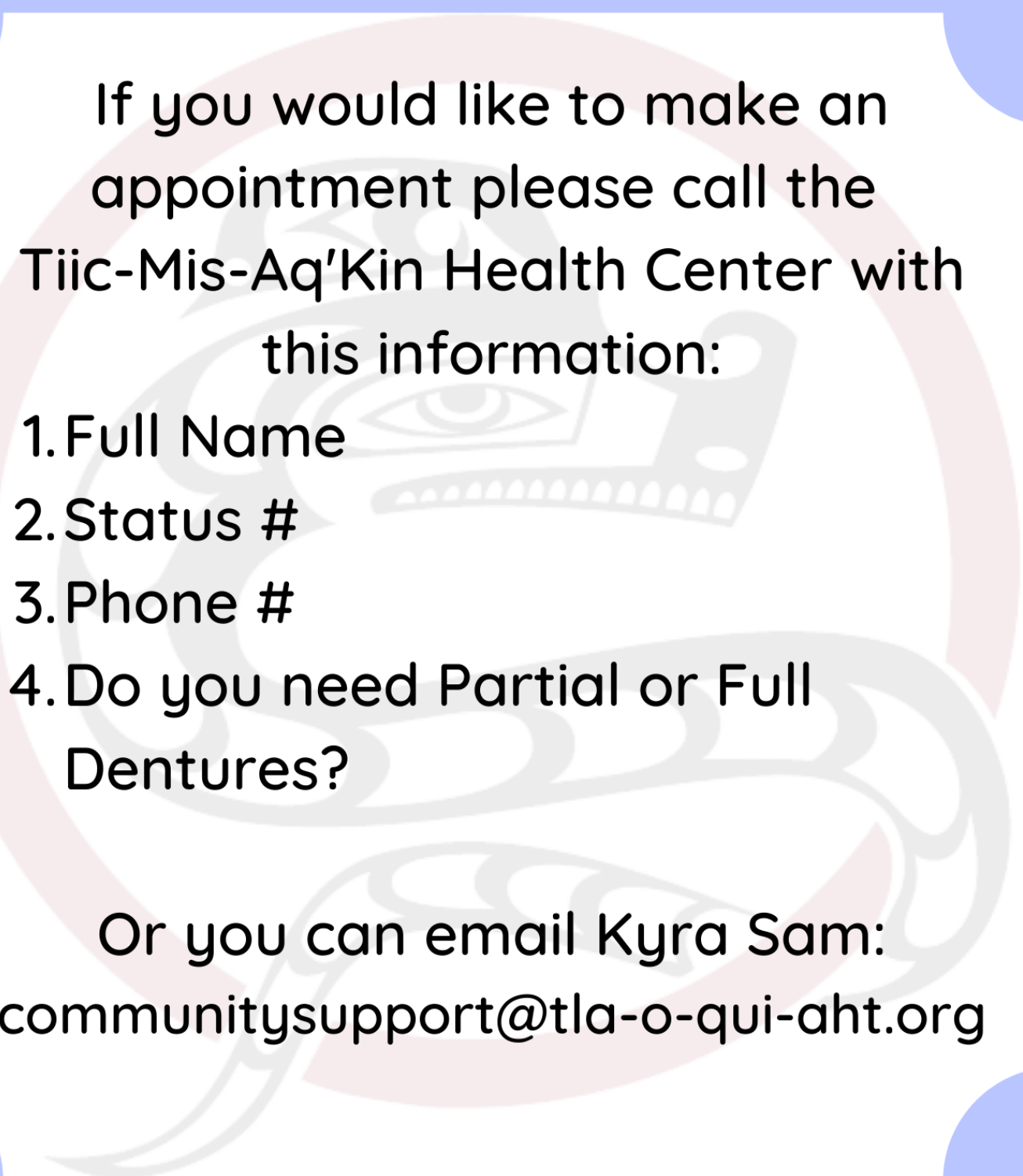
Jeremy currently works with other First Nations communities and we are happy to welcome him here to provide on-reserve denture services.

- Are you missing any teeth?
- Do you have dentures that are older than 5 years?

If you answered yes to any of the above questions, Jeremy will be seeing patients at the Health Centre, January 9th - 12th, 2023.

Please call **250-725-3335** to book an appointment





If you would like to make an appointment please call the Tiic-Mis-Aq'Kin Health Center with this information:

1. Full Name
2. Status #
3. Phone #
4. Do you need Partial or Full Dentures?

Or you can email Kyra Sam:
communitysupport@tla-o-qui-aht.org



Pilates!

Hosted by **Marissa Sampson-George**

at the

Tiic-Mis-Aq'Kin Health Center

Every Monday and Wednesday 5:00pm-7:00pm

If you have any questions, please email Marissa at:

tyhistanisintake@tla-o-qui-aht.org



VACCINE INFORMATION



If you are still needing your
1st, 2nd, 3rd, or booster
vaccine please contact
Kyra Sam or Christine Curley

Tiic-Mis-Aq'Kin Health Center:
250-725-3335

Patient Travel Check List



- Appointment is booked

Confirmation or appointment card is sent one of the following ways:

250-725-3980 (FAX) or email:

tyhistanisintake@tla-o-qui-aht.org

opitsahtintake@tla-o-qui-aht.org

Drop off to one of our offices:

Tiic-Mis-Aq'kin Health Center or Meares Island Cultural Center

Before Departure to appointment: Please pick up a boat ticket from Hazel at MICC

If confirmation was not delivered in person please call to confirm that it has been received: 250-725-3335

Please include:

- Physical address
- Date of birth
- Status Number
- Care Card Number
- Direct Deposit information if required
- Email address /phone number for communication

Intake workers responsibility- please provide:

To inform you that your patient travel has been approved- when you will receive your deposit or cheque

Amount outlined for travel and meals

If your medical trip is approved for an overnight stay and where you will be booked to stay

If you have any questions or concerns regarding your patient travel, please call:

Marissa Sampson George 250-725-3335

Hazel Curley 250-725-3233

Annastasia Campbell 250-725-3335

After Hours Emergency Number: 250-725-8030

Please note, after-hours are rotated between staff. If there is no answer please leave your name and number and the time you called and the worker will return your call as soon as they can.

AFTER HOURS INFORMATION

**After Hours Emergency Line For
Patient Travel:**

250-725-8030

**After Hours Emergency Line For
Family Care:**

250-725-4483

**Please use these phone numbers *weekdays after 4:30pm*
and on *weekends* for emergencies regarding
*Patient Travel and Family Care.***

Please Note: After Hours is rotated between staff.

***If there is no answer please leave your name and number and
the time you called and the worker will return your call as soon
as they can***